

Table S1. Baseline results: Achenbach adult self-report

Subdomain	T score
Anxious/depressed	79.0 (12.0)
Withdrawn	82.0 (8.0)
Somatic complaints	64.0 (2.0)
Thought problems	57.0 (15.0)
Attention problems	67.0 (15.0)
Aggressive behavior	65.0 (12.0)
Rule-breaking behavior	67.0 (11.0)
Intrusive	54.0 (5.0)

Values are presented as medians and interquartile ranges.

Table S2. Detailed information about the composition of the prescribed formula for each patient (amounts of herbs are presented for 15 days)

Patient ID	Herbal formula	Composition of the formula
1	Guibi-tang plus Chongmyung-tang	<i>Longan Arillus 150 g, Zizyphi Semen 150 g, Angelicae Gigantis Radix 120 g, Cyperi Rhizoma 75 g, Citri Unshius Pericarpium 75 g, Polygalae Radix 75 g, Acori Graminei Rhizoma 75 g, Gastrodiae Rhizoma 75 g, Bupleuri Radix 50 g, Gardeniae Fructus 50 g, Ephedrae Herba 100 g</i>
2	Danchisoyo-san plus Chongmyung-tang	<i>Astragali Radix 150 g, Angelicae Gigantis Radix 90-120 g, Liriopsis seu Ophiopogonis Tuber 90-120 g, Paeoniae Radix 90-200 g, Atractylodis Rhizoma Alba 75-100 g, Poria Sclerotium 75-110 g, Moutan Radicis Cortex 75-100 g, Gardeniae Fructus 75 g, Polygalae Radix 75 g, Acori Graminei Rhizoma 75 g, Bupleuri Radix 60-80 g, Glycyrrhizae Radix et Rhizoma 45-60 g, Menthae Herba 45-60 g, Zingiberis Rhizoma Recens 70 g</i>
3	Yikwiseungyang-tang plus Chongmyung-tang	<i>Astragali Radix 120-170 g, Angelicae Gigantis Radix 90-120 g, Atractylodis Rhizoma Alba 90 g, Massa Medicata Fermentata 45 g, Ginseng Radix 60 g, Pinelliae Tuber 60 g, Angelicae Gigantis Radix 90-120 g, Citri Unshius Pericarpium 50 g, Cimicifugae Rhizoma 45 g, Bupleuri Radix 45 g, Scutellariae Radix 25 g, Zingiberis Rhizoma Recens 120 g, Hordei Fructus Germinatus 45 g, Atractylodis Rhizoma 120 g, Ephedrae Herba 130 g</i>
4	Yukmijihwang-tang plus Danchisoyo-san	<i>Rehmanniae Radix Preparata 180 g, Dioscoreae Rhizoma 110 g, Corni Fructus 110 g, Poria Sclerotium 90 g, Moutan Radicis Cortex 90 g, Alismatis Rhizoma 90 g, Angelicae Gigantis Radix 110 g, Zizyphi Semen 120 g, Acori Graminei Rhizoma 90 g, Cyperi Rhizoma 75 g, Citri Unshius Pericarpium 75 g, Aurantii Fructus Immaturus 75 g, Gardeniae Fructus 60 g, Bupleuri Radix 50 g, Schisandrae Fructus 50 g, Ephedrae Herba 110-150 g</i>
5	Choweseuncheng-tang	<i>Coicis Semen 220 g, Castanae Semen 220 g, Zizyphi Semen 150 g, Longan Arillus 150 g, Ephedrae Herba 130-150 g, Polygalae Radix 90 g, Acori Graminei Rhizoma 90 g, Platycodonis Radix 90 g, Liriopsis seu Ophiopogonis Tuber 90 g, Asparagi Tuber 90 g, Schisandrae Fructus 60 g</i>
6	Guibi-tang plus Chongmyung-tang	<i>Angelicae Gigantis Radix 90-120 g, Longan Arillus 120 g, Ginseng Radix 0-70 g, Atractylodis Rhizoma Alba 120 g, Polygalae Radix 90 g, Glycyrrhizae Radix et Rhizoma 60 g, Astragali Radix 100-120 g, Acori Graminei Rhizoma 90 g, Bupleuri Radix 40 g, Gardeniae Fructus 40 g</i>
7	Yukmijihwang-tang plus Chongmyung-tang	<i>Rehmanniae Radix Preparata 250 g, Dioscoreae Rhizoma 120 g, Corni Fructus 120 g, Poria Sclerotium 90 g, Moutan Radicis Cortex 90 g, Alismatis Rhizoma 90 g, Polygalae Radix 90 g, Acori Graminei Rhizoma 90 g, Gastrodiae Rhizoma 90 g, Schisandrae Fructus 50 g, Ephedrae Herba 130 g, Gypsum Fibrosum 400 g</i>
8	Guibi-tang plus Chongmyung-tang	<i>Longan Arillus 150 g, Zizyphi Semen 150 g, Angelicae Gigantis Radix 120 g, Cyperi Rhizoma 90 g, Citri Unshius Pericarpium 90 g, Acori Graminei Rhizoma 70 g, Bupleuri Radix 60 g, Gardeniae Fructus 40 g, Zizyphi Fructus 200 g, Phyllostachyos Caulis in Taeniam 70 g, Ponciri Fructus Immaturus 70 g, Liriopsis seu Ophiopogonis Tuber 90 g, Poria Sclertum Cum Pini Radix 90 g, Lycii Fructus 90 g</i>