

Supplementary Table 1. Preferred diagnosis of Korean Standard Classification of Diseases code for patients with depression by a Korean medicine doctor (multiple responses)

Diagnosis	N (% , multiple response)
F32.0 Mild depressive episode	131 (18.40)
F32.1 Moderate depressive episode	34 (4.78)
F32.2 Severe depressive episode without psychotic symptoms	18 (2.53)
F32.3 Severe depressive episode with psychotic symptoms	6 (0.84)
F32.8 Other depressive episodes	46 (6.46)
F32.9 Depressive episode, unspecified	121 (16.99)
F33.0 Recurrent depressive disorder, current episode mild	12 (1.69)
F33.1 Recurrent depressive disorder, current episode moderate	8 (1.12)
F33.2 Recurrent depressive disorder, current episode severe without psychotic symptoms	6 (0.84)
F33.3 Recurrent depressive disorder, current episode severe with psychotic symptoms	2 (0.28)
F33.4 Recurrent depressive disorder, currently in remission	0 (0.00)
F33.8 Other recurrent depressive disorders	11 (1.54)
F33.9 Recurrent depressive disorder, unspecified	36 (5.06)
U221 Depressive syndrome	307 (43.12)
U222 Hwabyeong	411 (57.72)
U65.1 Pattern of liver qi depression	404 (56.74)
U65.2 Pattern of liver fire flaming upward	124 (17.42)
R45.2 Unhappiness	14 (1.97)
R45.8 Other symptoms and signs involving emotional state	43 (6.04)
R53 Malaise and fatigue	79 (11.10)

Supplementary Table 2. Preferred herbs for the treatment of depression by KMDs

Herb	N (% , multiple response)
Bupleuri Radix	563 (79.07)
Perillae Folium	219 (30.76)
Magnoliae Cortex	186 (26.12)
Paeoniae Radix	158 (22.19)
Angelicae Gigantis Radix	194 (27.25)
Atractylodis Rhizoma Alba	132 (18.54)
Ginseng Radix	107 (15.03)
Poria	313 (43.96)
Ziziphi Semen	461 (64.75)
Cyperii Rhizoma	556 (78.09)
Cnidii Rhizoma	118 (16.57)
Ponciri Fructus	187 (26.26)
Aurantii Fructus	163 (22.89)
Citri Pericarpium (Citri Viride Pericarpium)	281 (39.47)
Polygalae Radix	222 (31.18)
Scutellariae Radix	152 (21.35)
Os Draconis	290 (40.73)
Ostreae Testa	306 (42.98)
Bambusae Caulis in Taeniam	227 (31.88)
Pinelliae Tuber	259 (36.38)
Rehmanniae Radix	72 (10.11)
Zizyphi Fructus	182 (25.56)
Tritici Cimmatri Semen	33 (4.63)
Others	61 (8.57)

Abbreviation: KMDs, Korean medicine doctors

Supplementary Table 3. Meridians mainly used in acupuncture for patients with depression

Meridian	N (% , multiple response)
Lung meridian of hand-Taiyin	74 (10.39)
Large intestine meridian of hand-Yangming	49 (6.88)
Stomach meridian of foot-Yangming	104 (14.61)
Spleen meridian of foot-Taiyin	108 (15.17)
Heart meridian of hand-Shaoyin	378 (53.09)
Small intestine meridian of hand-Taiyang	64 (8.99)
Bladder meridian of foot-Taiyang	40 (5.62)
Kidney meridian of foot-Shaoyin	75 (10.53)
Pericardium meridian of hand-Jueyin	306 (42.98)
Sanjiao meridian of hand-Shaoyang	126 (17.70)
Gallbladder meridian of foot-Shaoyang	232 (32.58)
Liver meridian of foot-Jueyin	324 (45.51)
Du meridian	110 (15.45)
Ren meridian	134 (18.82)